

Specialists of Schools
and
The Philadelphia Society of Clinical Psychologists
are pleased to offer an SOS Workshop

PLAY THERAPY: AN INTRODUCTION

Donna Landis Brubaker, LCSW, RPT-S
and
Denny Whalen, RN, MS

Play is a natural, gentle and pleasurable experience for children. Through play children reveal their deepest needs, wishes and worries. While adults use words to communicate, children use play materials to express their thoughts, emotions and experiences. The play therapist interprets "the language of play," its metaphors and symbolic meaning in order to gain deeper insight into the child's inner world. Play therapy can be a deeply healing experience for a child.

In this introductory workshop, participants will learn more about this intriguing form of child therapy and how, when used appropriately, it is effective in helping children resolve problems and conflicts while improving their self esteem and self-confidence. Program content will include explanation and history of the model of play therapy, play therapy stages, language and strategies. A case study will be used to demonstrate these concepts.

Friday, April 17, 2009

12:30 - 2:30 PM

Academy in Manayunk

169 Conarroe St.

Philadelphia, PA 19127

215-483-2461

PARKING: across the street in church parking lot

*Bring your lunch. Beverages and dessert will be provided. The program is free to all.
For driving directions see <http://aimpa.org/contact/directions.shtml> or Mapquest.com.*

By the end of the session attendees will:

1. Demonstrate understanding of the history and basic principals of play therapy.
2. Identify how therapists use "the language of play," its metaphors and symbolic meaning
3. Understand how play therapy can be part of a plan that helps resolve problematic behavior at home and at school

Presenters: **Donna Landis Brubaker, LCSW, RPT-S**, has thirty years of experience working with children and families in a variety of clinical settings. She is currently in private practice as a child and family therapist and is a trainer and supervisor of Play therapy. **Denny Whalen, R.N., M.S.**, has a private practice in marriage, family, and play therapy in Ambler, PA. In her former nursing work, she specialized in public health and hospice.

CREDITS This program offers 2 hours of CE and Act 48 credits. The Philadelphia Society of Clinical Psychologists is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists, **marriage and family therapists** and social workers and maintains responsibility for the program and its content.

FEES The charge for CE credits is \$15.00. Act 48 credits are available for \$15.00. A check or money order for the appropriate amount should be made out to SOS. No cash. You must provide your Act 48 number. **For CEs you must sign in on the workshop attendance form.**

RSVP to Annie Goldenberg, MSW at stasha45@comcast.net so we can plan for the attendance.

**Academy in Manayunk is offering a tour of the school at 11:30 for those who wish to come early.
Please RSVP specifying early arrival if you plan to attend the school tour.**