

**PLEASE POST**

## **SPECIALISTS OF SCHOOLS**

and

*the Philadelphia Society of Clinical Psychologists are pleased to offer:*

### **VISUAL AND ACTIVE SOCIAL & COGNITIVE BEHAVIORAL COPING SKILLS FOR CHILDREN WITH SOCIAL COGNITIVE DEFICITS**

Social Cognitive Deficits (SCD's) is a descriptive, inclusive term for children who have neuro-developmental disorders across various diagnoses (ADHD, learning disabilities, Asperger's Syndrome, and PDD, etc.). They have social, emotional, and behavioral challenges that differ greatly from their typical peers. Children with SCD's may have sensory integration or cognitive processing issues that prevent their reading and understanding social cues, non-verbal communication, unwritten social rules and expectations. Children in this population sometimes lack impulse control and affect regulation. To peers, children with SCD's often look "weird", detached, awkward, and rude, or mean. Consequently, these children isolate themselves or wind up rejected and ostracized by the group.

The neuro-behavioral traits of SCD's quite often renders traditional home, school and therapy interventions ineffective, a fact that frustrates parents, teachers and professionals. Children with these unique traits require a unique approach to treatment. Visual/active social skills instruction and art-based social activities activate many of the strengths - and compensate for many weaknesses - of this population. Additionally, Art materials and activities provide structure through which children experience social success. This workshop will engender awareness of the underlying social-cognitive processing in SCD's, and offers practical intervention tools to help children develop and implement essential social awareness and skills.

**Date:** April 23, 2010

**Place:** Jack M. Barrack Hebrew Academy  
272 S. Bryn Mawr Avenue  
Bryn Mawr, PA 19010

**Time:** 12:30 to 2:30

*Please remember to bring your lunch. Beverages and dessert will be provided.*

#### **LEARNING OBJECTIVES**

Upon completion of this training, participants will be able to:

1. State the effects of individuals' neurological makeup on their social and emotional functioning.
2. Articulate the benefits of visual and active social/coping skills lessons along with three examples of same.
3. Identify at least 5 group art based activities for children that facilitate the development of social/coping skills.

#### **OUR PRESENTER**

Michael Fogel, MA, ATR-BC, LPC is an art therapist and licensed professional counselor with 15 years of clinical experience. Michael founded and directs the Child and Family Art Therapy Center, with offices in Ardmore and Paoli. He offers both individual art therapy, and social skills groups. Michael's individual therapy services include child-centered art/play therapy which is integrated with parent coaching and support. "The Art of Friendship Social Skills Program" specializes in the treatment of children with neurological Social Cognitive Deficits, and was honored in 2006 with the Delaware Valley Art Therapy Association's "Innovative Applications of Art Therapy" award. Michael is an adjunct professor at the Hahnemann Creative Arts in Therapy graduate program at Drexel University. He presents workshops at national and local conferences for professional and parent groups of all sizes.

#### **CE CREDITS**

This session is co-sponsored by the Philadelphia Society of Clinical Psychologists (PSCP) and Specialists of Schools. The Philadelphia Society of Clinical Psychologists is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. PSCP maintains responsibility for the program and its content. This program provides 2 hours of CE credits for Psychologists and Social Work Board licensees.

#### **FEES**

Participants requesting CE credits or Act 48 credits will be charged \$20.00 (\$10.00 per credit). A check or money order (no cash please) for this amount is made out to Specialists of Schools (SOS). All act 48 applications must have their act 48 ID number on them. A completed and signed evaluation must be submitted to get credits.

To register, you can email Tocky Collins at [TockyLC@aol.com](mailto:TockyLC@aol.com) or [office@specialistsofschools.org](mailto:office@specialistsofschools.org).